



Parent Bulletin

MALABAR PUBLIC SCHOOL **Week 7 Term 1**

14 March 2019

WEEK 7

Friday 15 March

PSSA sport - Teeball/Softball at Pioneers Park
Oztag at Heffron Park near the netball courts

WEEK 8

Monday 18 March

K-2 Assembly hosted by 1Blue

Tuesday 19 March

P&C AGM in the library 6.30pm

Friday 22 March

PSSA sport - Teeball/Softball at Pioneers Park
Oztag at Heffron Park near the netball courts

Saturday 23 March

P&C Election Day BBQ & Cake Stall

WEEK 9

Monday 25 March

3-6 Assembly hosted by 4White

Friday 29 March

PSSA sport - Teeball/Softball at Pioneers Park
Oztag at Heffron Park near the netball courts

PRINCIPAL'S REPORT

Hello everyone,

This week I was given a reminder of just how important reading **to** your children and reading **with** your children can be. (It was so long ago for me!!) I was watching my wife read to our grandchild and how engaged he was with the whole process. He is only 17 months and yet he was watching her fingers point to the words and watching as she turned the page. He really seemed to enjoy it. This was further reinforced for me this week when I came across this article in "The Educator" which emphasised just why reading with your own children is so important.

Five ways that reading with children helps their education

by The Educator 11 Mar 2019

Studies have shown that there are more benefits for both adult and child that come with reading than just building a bond - particularly when it comes to education.

Much of the research done has focused on the early years, and how the literacy environment helps to develop emergent literacy skills. For example, shared book reading early on stimulates language and reading development.

However, Emma Vardy, a research associate in the psychology of education at Coventry University, UK, said the home literacy environment doesn't stop being important once children have learnt to read.

"The opportunities that a child has to read at the home, and parental beliefs and behaviours, continue to impact on children's reading throughout the school years," Vardy wrote in an article published by The Conversation.

Below, she shares five ways that reading with children can help their general education.

- **It opens up new worlds**

Reading together as a family can instil a love of books from an early age. By taking the time to turn the pages together, adults can help children see that reading is something to enjoy and not a chore. Some school children read because they like it but others do it because they will be rewarded - with stickers in a school reading diary for example. Those children who read because they enjoy it read more books, and read more widely too. So giving your child a love of books helps expand their horizons.

- **It can build confidence**

Children judge their own ability to read from observing their classroom peers, and from conversations with parents and teachers. When sharing a book, and giving positive feedback, parents can help children develop what is known as self-efficacy - a perceived ability to complete the specific activity at hand. Self-efficacy has been shown to be important for word reading. Children who think they cannot read will be less inclined to try, but by using targeted praise while reading together, parents can help children develop belief in their own skills.

- **It can build positive reading attitudes**

Studies have shown that the more opportunities a child has to engage with literacy based activities at home, the more positive their reading attitudes tend to be. Children are more likely to read in their leisure time if there is another member of the family that reads, creating a reading community the child feels they belong to. Parental beliefs and actions are related to children's own motivations to read, though of course it is likely that this relationship is bidirectional - parents are more likely to suggest reading activities if they know that their child has enjoyed them in the past.

- **It expands their language**

When reading a book together, children are exposed to a wide range of language. In the early stages of literacy development this is extremely important. Good language development is the foundation to literacy development after all, and increased language exposure is one of the fundamental benefits of shared book reading.

Shared book reading early on can have a long-term benefit by increasing vocabulary skills. And if they encounter a word they don't understand, they have a grown up on hand to explain it to them in a way that makes sense to them. When children are taught to read while sharing a book, it can improve alphabet knowledge, decoding skills, spelling, and other book-related knowledge (such as how to actually read a book). Doing something as simple as sounding out the letters of a word they do not understand can vastly improve a child's skills.

- **It can help their speech and language awareness**

Formal shared reading can also involve the use of intonation, rhythm and pauses to model what is known as prosody. This is not a skill that is directly taught, but by simply pausing when needed or changing the tone of your voice can help children develop fluency when reading aloud. This is one of the reasons that shared book reading is not just for pre-schoolers. Demonstrating what is involved in reading complex text aloud fluently is very valuable for children of all ages.

You don't need a lot of money, or even hours of spare time to read with children. Even small efforts can have big benefits. Nor does it have to be just at bedtime. Sharing a book, a magazine or a comic can take place any time of the day.

The most important thing to remember is to have fun. Interest in reading emerges from enjoying it with a parent. If you're interested and make an effort, it can have a huge impact on a child's engagement with reading.

External Validation at Malabar in Term2

This year, our school has been selected to complete the Department's External Validation process. This process allows the school to collect, analyse and evaluate data to determine how our school is progressing. The staff will be working on our submission over the coming months. A team will then visit our school to discuss and validate our submission. It is a wonderful opportunity for us to celebrate the things we are doing well and to determine directions for the future.

High School Expression of Interest Forms

Just a friendly reminder that all High School Expression of Interest forms are due back to school **this Friday**.

Thank you.

NAPLAN ONLINE - 2019 - Malabar Involvement

What is the purpose of NAPLAN?

The NAPLAN test assists your school and your students to identify their strengths and areas for improvement across Australian numeracy and literacy syllabi.

- The test provides a national comparison of each student's performance against other Australian students.

When is NAPLAN moving online?

The movement from paper based testing to online testing commenced in 2018 on an opt in basis. By 2021 it is anticipated that most schools will transition to NAPLAN online.

Why is NAPLAN moving online?

Improved assessment and accurate results. NAPLAN online uses a tailored testing system which automatically adapts the test and asks students questions that match **their ability** allowing for more detailed and useful individual results.

- **Faster turnaround of results.** Online testing reduces the time to give feedback to teachers and their students.
- **Enhanced interaction with students** through online tools such as rulers, protractors, calculators, zoom tools, drag and drop functions, audio dictation and progress summaries.

What is the format of the online tests?

There will be four tests: writing, reading, conventions of language and numeracy.

- The numeracy tests will include a non-calculator section and a calculator allowed section.
- The online tests will also introduce "tailored testing" which will give students an opportunity to answer some questions better suited to their ability level.

More on the new Tailored Testing

During the test, students will be presented with sets of questions based on their performance.

- Many of these questions are of mid-range complexity, **but the level of difficulty will vary based on the answers given by each student.**
- If students are excelling early in the test, the test will adapt and ask more challenging questions. Alternatively, if students experience difficulty the test will adapt to lower complexity, more suited to the student's performance.

How can I best prepare my students for NAPLAN Online?

Ensure your students are familiar with using the devices your school has set up for NAPLAN. This includes practice navigating through the functions and programs of such devices. Our new online programme will soon assist students with this!

- Review the public demonstration site on the NAP website www.nap.edu.au/online-assessment/public-demonstration-site. The demonstration site includes useful resources to help you and your students become familiar with the online test experience along with examples of the types of questions and related functionalities.
- Work through our Literacy and Numeracy NAPLAN Test Workbooks. They are your guide to ensuring success in NAPLAN!

On Monday, 25th March (Week 9) our Year 3 and Year 5 students will participate in a 45 minute omnibus practice test online. This practice test will provide students with an opportunity to familiarise themselves with the test format and ways they will be required to answer questions. It is very important that students are here for this practice test and for the actual two week test period of NAPLAN Online in Term 2 (Tuesday 14th May to Friday 24th May).

What Can We Do To Support Our National Day of Action Against Bullying and Violence

Friday 15 March 2019 will mark the ninth National Day of Action Against Bullying & Violence (NDA) where schools across Australia are being called to get involved and act to help prevent bullying. The current statistics are alarming. Approximately one in four Year 4 to Year 9 Australian students (27%) reported being bullied every few weeks or more often. That's approximately 912,000 children in Australia. Approximately one in five school students reported experiencing online bullying in any one year. An additional 100,000 school children stay home each day because they feel unsafe in school. All classes will commence specific anti-bullying lessons this year in our Child Protection program. Some of the topics that will be covered include online bullying and how to help someone that is being bullied.

Minimum Ages for Social Media

The minimum age to open an account on Facebook, Twitter, Instagram, Pinterest, Tumblr, Kik, and Snapchat is 13 years old. For Vine, and Yik Yak it's 17 years old.

YouTube requires account holders to be 18, but a 13-year-old can sign up with a parent's permission. Despite these clearly stated and published age restrictions, large and growing numbers of children that are 12 and under are using social media networks, often *with* their parent's knowledge and consent.

Please adhere to the restrictions that are guides for our children. As parents/carers, we owe it to our children to protect them and be a parent/carer not a friend.

According to studies, **approximately 59%** of children have already used a social network by the time they are 10. Facebook has the most users under the age of 13.

52% of 8 to 16-year-olds admit they ignore Facebook's age restriction. You don't have to conduct a study to know that young kids under 13 are flocking to sites like Instagram, for example, to post and share photos, and to collect likes from their friends. Instagram tries to make it difficult for young kids to sign up by providing a birthday picker that doesn't let a new user select an age under 13. Regardless, kids easily make up fake birthdays and use their parent's iTunes account to download Instagram to their own devices.

Just because kids seem tech-savvy at increasingly younger ages, doesn't necessarily mean that their brains are developing at the same rate and they can make good judgements. Research shows that it takes children about 13 years or more to fully develop the cognitive structures that enable them to engage in ethical thinking.

Before 13 it's difficult, if not impossible, for a child to fully grasp the impact of their actions upon others, online or otherwise. Yet young children are increasingly joining social networking sites,

sometimes even putting themselves in harm's way by becoming victims of online harassment, solicitation, and cyber-bullying before they are ready to respond appropriately.

So, let's support our National Day of Action against Bullying and Violence this Friday by doing whatever we can to end cyberbullying. Even if that means telling our children that Instagram, Facebook and social media can wait until they are at the correct age.

P&C Meeting

Our next P&C Meeting will take place next Tuesday night in our Library. It is the AGM and all are welcome and encouraged to attend. It will start at 6.30pm.

Cross Country Coming Up

Our school Cross Country is coming up early in term 2 at Pioneers Park for all Years 3 to 6 students and those students in Year 2 who turn 8 in 2019. It would be great to see as many students as possible running the course so encourage your children to start practising now and begin building up some endurance and cardiovascular fitness. Students in the 8/9 and 10 years races will run 2 kilometres and the 11 and 12/13 race is 3 kilometres.

Only one week till our first election for the year. Malabar PS will again be a venue for voting and as usual we will have the best cake stall and barbecue on site to ease the stress of voting. Don't miss out!

Have a cool weekend, footy is back and I hope your team wins!

Neil Atwell
Principal

ESPSSA ZONE REPRESENTATIVES

Congratulations to all of the students who have been selected in the following representative teams. We wish you all the best at the next level.

ESPSSA RUGBY LEAGUE MARRIED TRIAL on Tuesday 12th March, 2019 at Matraville Sports HS.

- Riley D
- Zane G
- Reid Mc
- Jordan S

SYDNEY EAST PSSA AUSTRALIAN FOOTBALL TRIALS on Wednesday, 13 March 2019
at Lincoln Oval, Sutherland.

- Darragh P
- Zoe B

SYDNEY EAST PRIMARY SWIMMING REGIONALS at Sydney Aquatic Centre on
TUESDAY, 19th March, 2019.

- Naoto N Boys 8-10 IM

 10yr Boys 50m Freestyle

 8-10yr Junior Boys Breaststroke

 8-10yr Junior Boys Backstroke

 8-10yr Junior Boys Butterfly

 Open Boys 100m Freestyle
- Reid Mc 11yr Boys 50m Freestyle

 11yr Boys Breaststroke

 11yr Boys Backstroke
- Maeve F 8yr Girls 50m Freestyle

MATHS TUTORING

Mathematics tutoring runs on Wednesday and Thursday mornings in the school library, 7:45 - 8:45 a.m. Taught by Elly (B Advanced Mathematics Hons I Statistics) with 10+ years tutoring experience, catering to all levels from Year 2. Max class capacity 8. Please contact b.hatooka@gmail.com for further information.

Assembly Roster 2019 Term 1

Week		Class	Positive Education Award	Captains
3	3-6	6W		School Captains
4	K-2	2B	Kindness	Macquarie Captains
5	3-6	5/6 B	Kindness	School Captains
6	K-2	2W	Bravery	Phillip Captains
7	3-6	5W	Bravery	School Captains
8	K-2	1B	Growth Mindset	Hunter Captains
9	3-6	4W	Growth Mindset	School Captains
10	K-2	1W	Showing Gratitude	King Captains

Election Day - Cake Stall

Dust off your cookbooks, don your apron, digout the food processor, or borrow a cake pan because it's time to start baking.

We are fundraising for Malabar Public School with an Election Day Cake Stall on March 23rd and we are asking families to donate a baked treat - maybe a cake, slice, quiche, biscuits, cupcakes or lamingtons etc

- A cardboard cake box will be sent home (1 per family) and we kindly ask that it is returned with your delicious baked goods on Friday 22nd March.
- On Friday **22nd March** P&C committee members will be collecting cakes before school from 8.15am and from 3pm in the room next to the uniform shop. If your cake needs to be refrigerated please bring it on Saturday morning.
- Write on the box : Your child's name and the ingredients of the donated goodies (as some people avoid nuts, gluten etc)
- We are also looking for volunteers to help on the day. If you can spare an hour or two of your time it would be greatly appreciated. Please contact Natalie 0408 642 996.
- We can fundraise more successfully by offering scrumptious, mouth watering home-baked goods. If you don't bake and failed to persuade your Nan, begged your neighbour or bribed another school mum to bake for you, then fake it - buy something from a cake shop. Failing that, we kindly ask for a suggested \$5/10 donation. Supermarket mud cakes are difficult to sell.



Election Day Fundraising BBQ & Cake Stall



Saturday 23rd of March 2019

***Seeking volunteers for cake stall
and BBQ. Can you help our school?***

Please contact:

Natalie Martin 0408 642 996

Shifts are approx:

8-10am

10-12noon

12-2pm

2-4pm

**But times are flexible as we are aware families
have a lot of commitments**

Thank you Malabar P&C



MALABAR P&C PRESENTS

TRIVIA NIGHT

FRI, APRIL 5

DOORS OPEN 6:30PM

\$25 PER PERSON

FANCY DRESS COMPETITION!

Come as anything beginning with the letter M - Mars Bar, Marilyn Monroe, Monsters Inc, Mork and Mindy

...and many more!

Join us for trivia quiz, raffles, auction and kid free fun!

@JUNIORS MALABAR

28 VICTORIA STREET MALABAR

Please get in touch if you can help in any way, or if you have any prize ideas.

MPStrivianight2019@gmail.com or call Andy on 0422 858489

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@JUNIORS MALABAR
28 VICTORIA STREET MALABAR

PosterMyWall.com

PRE ORDERED SNACK OPTIONS ARE AVAILABLE: (to be served around 8:30pm)

Platter A - \$25 Spring Rolls (20pcs)

Platter B - \$50 Prawn Cones with Sweet Chili (10pcs), Dim Sims (10pcs), Spring Rolls (10pcs)

To RSVP FOR THIS AMAZING EVENT EITHER:

1. Contact Yvette or Tanya to let us know how many people you'll be bringing along and make payment by direct deposit to:

Malabar P & C
BSB: 062-298
Account: 00900077
Reference: Trivia – Surname

YVETTE WALKER
yvette.walker@optusnet.com.au
0402 215 399

TANYA SGOURAS
ptsgouras@gmail.com
0416 293 795

OR

2. Return the slip below to the school office together with your cash payment by **Friday 29 March**

TRIVIA NIGHT 2019

Name: _____

Email: _____

Phone: _____

Child's name: _____ Class: _____

- ☐ I have enclosed \$250 for a full table of 10 **OR**
- ☐ I would like _____ tickets at \$25 each and therefore enclose \$ _____ **AND**
- ☐ I would like _____ of **Platter A** at \$25 each and therefore enclose \$ _____
- ☐ I would like _____ of **Platter B** at \$50 each and therefore enclose \$ _____

Total payment enclosed \$ _____

** We welcome individuals and small groups and will find a Marvelous table for you!*



MALABAR PUBLIC SCHOOL P&C ASSOCIATION UNIFORM SHOP ORDER FORM

Uniform shop hours are **Monday and Wednesday 8.55am – 9.20am**. Orders may be left at the school office and every effort is made to have the orders filled ASAP. Unfortunately we are unable to fill orders if payment has not been received.

Date: _____
Name: _____ **Phone:** _____
Child's Name: _____ **Class:** _____

Clothing sizes: 4, 6, 8, 10, 12, 14, 16

Hats: S,M,L,XL

Please indicate size and quantity required

ITEM	SIZE	QUANTITY	PRICE	TOTAL \$
Girls				
Girls Striped Blouse			\$30.00	
Girls Navy Box Pleat Shorts			\$25.00	
Girls Navy Long Pants			\$25.00	
Girls Navy Soft Cotton Blend Winter Tights	Please circle size: 3-5yrs (108-120cm), 6-9yrs (120-130cm), 10-12yrs (140-150cm)		\$17.00	
Girls Royal Blue Hair Scrunchie	One size		\$2.00	
Boys				
Boys Striped Shirt			\$30.00	
Boys Navy Cargo Shorts			\$25.00	
Boys Navy Long Cargo Pants			\$27.00	
Unisex				
School Surf Hat – size L, XL only			\$15.00	
School Hat New Style – size S, M only			\$20.00	
School Backpack	One size		\$40.00	
Sports Polo Shirt			\$25.00	
Sports Shorts			\$25.00	
Microfibre Track Pants			\$30.00	
Navy Zip-up Jacket			\$30.00	
Waterproof Jacket (Fleece lining)			\$40.00	
Raincoat (Royal Blue)			\$20.00	
Library/Book Bag	One size		\$8.00	
Total Amount Payable				\$
Cheque enclosed	\$	Cash enclosed	\$	
Would you like this order to be given to your child? Yes / No (please circle)				

- **Please enclose payment with your order – Sorry NO EFTPOS or Credit Card facilities available**
- Please make cheques payable to "Malabar P&C Association"
- We will happily exchange or refund purchases provided labels/tags have not been removed

Uniform Shop Coordinator – Alison Gibson 0400 224025

*Prices effective November 2018
Prices are subject to change without notice*



SAVE TIME with our ONLINE CANTEEN.



**Malabar Public School Canteen
accepts online orders using MunchMonitor**

Setting up an online account is easy!

1. Go to **www.munchmonitor.com**
2. Click **LOGIN**
3. Click **REGISTER**
4. Enter
 - School ID: **malabarps**
 - Password: **munch2036**
5. Click **Submit**
6. Enter your email address
7. Enter the password you want. Make sure you can remember your password
8. Review and tick on the Terms of use
9. Click **Create your Account**
10. Click on the **Activation Link** in the email we sent
11. Follow the steps to **create your Parent Profile**
12. **Add Students** to your account
13. Click on **Account Top-up** to transfer money into your account
14. **You are now ready to order online!**

SETUP A NEW ACCOUNT

Your School ID

Your School Password

SUBMIT

Quick Information

Using MunchMonitor Online Ordering

- You can place orders online up to 4 weeks in advance
- Top-up your account online using VISA/MasterCard
- List allergies to alert canteen staff
- You can order anytime you want using web browsers such as Chrome or Safari
- You can use desktops, laptops, tablets or smart phone with internet access
- It only cost \$ 3.30 (incl. GST) per school term for the family account
- No sign up fee
- No transaction fee

Call us at **1300 796 190** or email us at **help@munchmonitor.com**
if you require further assistance.

MunchMonitor...making your school day easier



Facebook.com/MunchMonitor



Activity Day Camp
(5 -12 Years old)

Child Care
Subsidy
Provider

Make your child's school holidays
a blast!

Variety of activities all in one place

 ART
  MUSIC
  SPORT
  DRAMA
  COOKING
  DANCE
  EXCURSIONS

Get in touch
 ✉ info@koolkidzz.com.au
 ☎ 02 9539 6836 📍 Randwick Tafe Campus
 2 -20 King st

\$16
p/day
subject to max subsidy

Book your child in TODAY!
koolkidzz.com.au



SCHOOL HOLIDAYS

APRIL 2019






TUES 16 APRIL	JUDO + MULTI SPORTS
WED 17 APRIL	KIDS FITNESS + ARTS & CRAFTS
THURS 18 APRIL	SOCCER + BASKETBALL
FRI 19 APRIL	CLUB CLOSED

9.30am-3.00pm.
\$40 per child, per day.
Recess & Lunch are not provided
For children aged 5-12 years.
 Each participant must be a member of
 PCYC \$10 per child, per year.

02 9314 2536
easternsuburbs@pcycnsw.org.au
 26a Bunnerong Road, Daceyville





